

JOALI BEING
EASTER 2023

happy
EASTER



Revive your light, let it shine

6th April to 12th April, 2023

JOALI BEING

JOALI BEING EASTER 2023

This Easter, welcome the magical JOALI BEING robin into your life.

Symbolic of rebirth and renewal, this beautiful bird is regarded as a spirit guide and a harbinger of spring. The appearance of a robin signifies a new beginning, filled with fresh hope and joy.

The JOALI BEING robin takes joyful flight across our 2023 Easter calendar.

Renew your spirit and revive your light with a curation of special experiences from 6th to 12th April. Our celebrations include several activities anchored in festive folklore and cherished traditions.

Once upon a new beginning...



JOALI BEING EASTER 2023

Thursday, April 6, 2023

AKTAR WORKSHOP: FACIAL SCRUB

Learn to create all-natural skincare products filled with the goodness of herbs, flowers and essential oils. Drawing on the traditional wisdom of apothecaries, our Herbologists will teach you how to make an organic facial scrub that supports skin-cell renewal.

Venue: AKTAR
2:00 pm - 3:00 pm
USD 90 per person



AEROBICS DANCE

Let the energising beats of aerobics dance uplift your energies. Release worries and let your light shine brightly as the rhythm flows through your body and mind.

Venue: LOTUS
3:00 pm - 4:00 pm
Complimentary

SPIRITED SYMPHONY: MASTERS OF MIXOLOGY

Unravel the secrets of mixology on this spirited adventure. Discover a whole new world of liquid artistry as JOALI's experts introduce you to a variety of high-end healthy spirits, with a special focus on alcohol-free gin.

Venue: MOJO
4:00 pm - 5:00 pm
USD 65 per person



OCEAN SALA GRILL

Join us for a unique culinary pop-up under a blanket of infinite stars. Centred around fireside and grill charcoal cooking, our modern interpretations include nourishing specialties and BBQ signatures – all with flavours emboldened through the dance of flame.

Venue: Ocean Sala
6:30 pm - 22:00 pm
A la Carte



All prices listed in USD and subject to 16 percent Government Tax and 10 percent Service Charge.
Schedule to weather conditions, and subject to change without prior notification. Contact your Jadugar for reservations. Bookings essential.

JOALI BEING EASTER 2023



Friday, April 7, 2023

NOURISH YOUR INNER SELF: CULINARY WORKSHOP

Wellbeing is the sum of our daily choices, including the ingredients and cooking techniques we use. Learn how to ease inflammation and revitalise internal health with omega-3 rich foods at this curated session, led by our expert nutritionist.

Venue: Learning Centre
11:00 am - 12:00 noon
Complimentary



THE JOURNEY OF TRANSFORMATION

Meet us at the Gate of Zero, the magnificent confluence of sculpture and philosophy, visualised by Seckin Pirim. Join us on a quest of transformation, from being to becoming.

Venue: Gate of Zero
6:00 pm - 6:45 pm
Complimentary

INTRODUCTION TO NEUROSCIENCE BY DR. TARA SWART

Most of the things we want from life – health, happiness, wealth, love – are governed by our brains. Discover the transformative power of neuroscience with Dr. Tara Swart, a globally renowned neuroscientist, Oxford University trained doctor and senior lecturer at MIT Sloan.

Venue: LOTUS
12 noon - 1:00 pm
Complimentary

SOUND BATH MEDITATION

Embark on a guided meditation with sound healing instruments. Let the soothing rhythms and vibrations wash over you as you centre your mind and discover a sense of profound calm.

Venue: LOTUS
5:00 pm - 5:45 pm
Complimentary

STANDUP PADDLE RACE

This thrilling race brings together the greatest features of standup paddleboarding, canoeing, kayaking and swimming. Get set for an unforgettable adventure out on the waves.

Venue: Marine Centre
2:00 pm - 3:00 pm
Complimentary



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Saturday, April 8, 2023

RHYTHM & SUNSHINE: DANCE WORKSHOP

Channel the vitality of the sun and sea through an exhilarating dance routine. Combining a variety of styles, this high-energy session instantly lifts your mood, leaving you with a smile on your face and a spring in your step.

Venue: CORE
11:00 am – 12:00 pm
Complimentary



CREATING SPACE FOR THE NEW: QI GONG

Move with intention and open yourself to new possibilities. The rhythmic, sequenced movements of Qi Gong create a flow of vital energy and a sense of weightlessness.

Venue: LOTUS
3:00 pm – 4:00 pm
Complimentary

TRADITIONAL SUNSET FISHING

As the sun dips towards the horizon, the sky lights up in a medley of vivid colours – the perfect backdrop to go fishing, a beloved Maldivian pastime. Practice traditional fishing methods on this leisurely dhoni excursion.

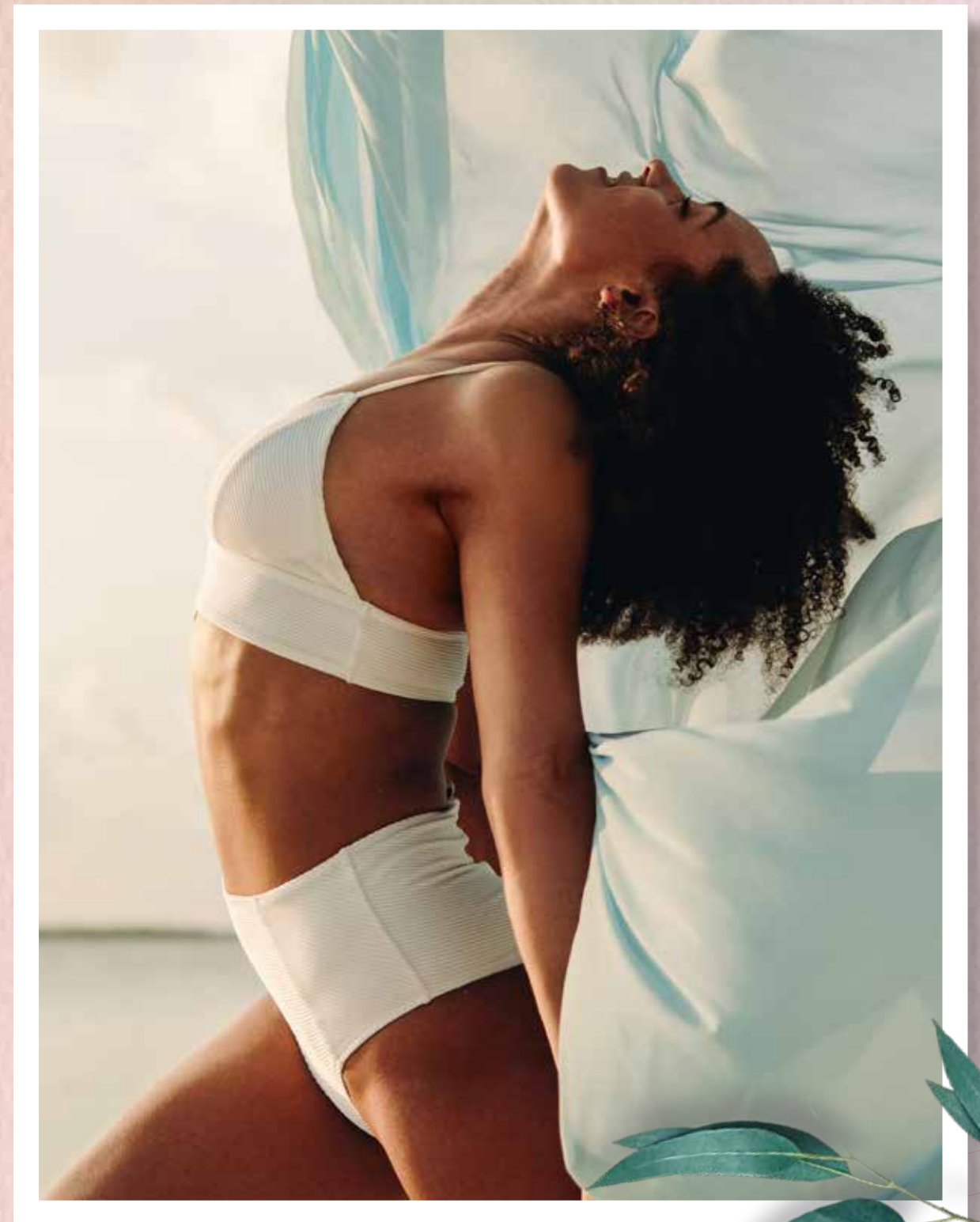
Venue: Marine Centre
5:30 pm – 7:30 pm
USD 125 per person



CHILDHOOD MEMORIES: EASTER DINNER

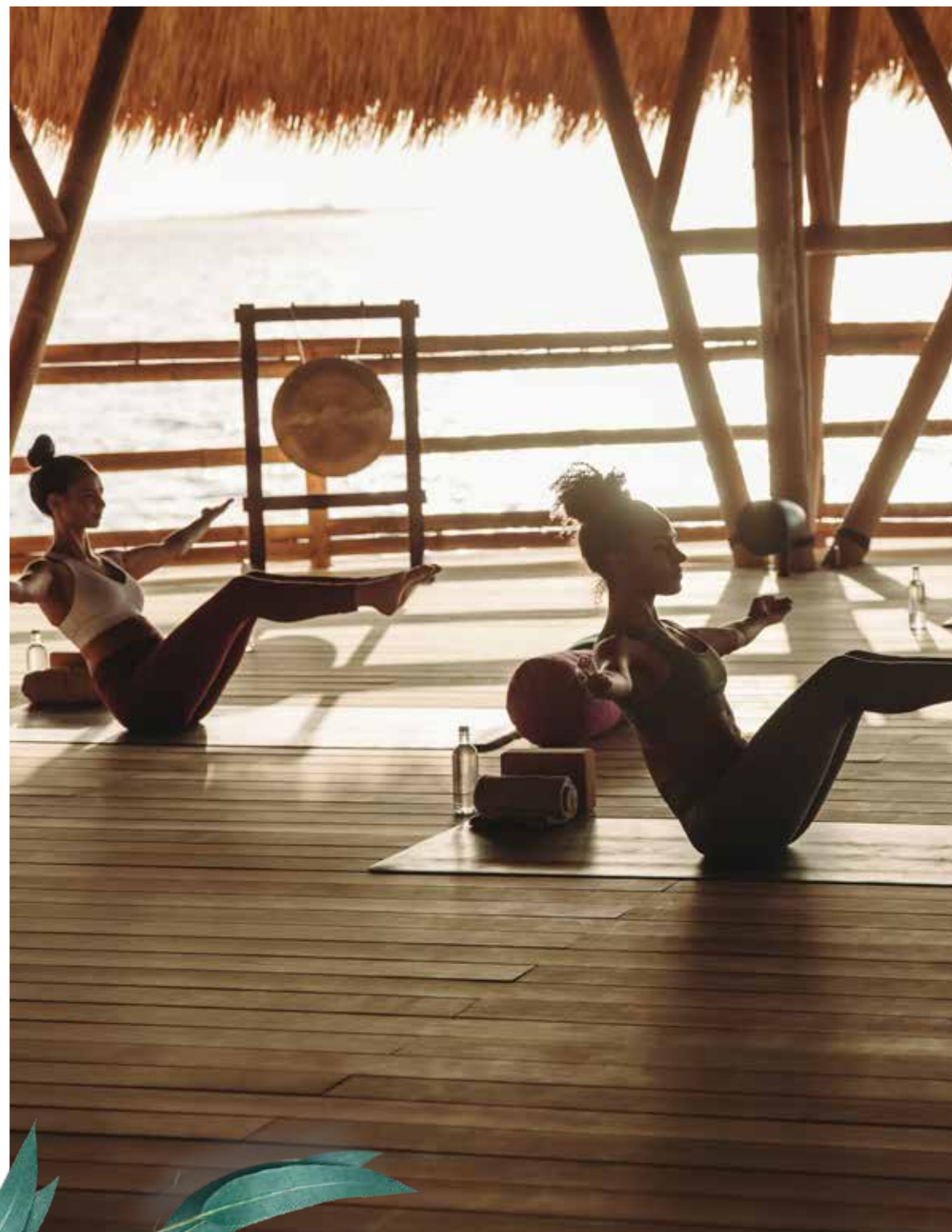
Gather around the table for an Easter celebration dinner, served in a storybook setting and filled with lively, nourishing flavours. An evening of nostalgia, laughter and food for the soul, brightened by the joyful JOALI BEING robin.

Venue: MOJO
6:30 pm – 10:00 pm
USD 350 per person



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Sunday, April 9, 2023

SUNRISE SALUTATIONS: MORNING YOGA

Greet the day with gratitude and joy. Join us for this flowing session to revive your energies with the rising sun and open your heart to fresh experiences.

Venue: Ocean Sala
7:00 am – 8:00 am
Complimentary



CELEBRATION IN TEA LEAVES

Experience the time-honoured ritual of a tea ceremony, grounded in the present. Each moment resonates with cultural significance on this journey of mindfulness, respect and wonder.

Venue: SAI
4:00 pm – 5:00 pm
USD 65 per person

BREATH OF LIFE BY JAVIER

Breath is both science and miracle. Javier shares the inner workings of the primary respiratory system, then guides you through a short meditation to better understand how this vital function is influenced by your thoughts and emotions..

Venue: LOTUS
1:00 pm – 2:00 pm
Complimentary

JOALI BEING AMAZING RACE: EASTER CHALLENGE

Step out of your comfort zone and enjoy the thrill of a healthy, fun-filled competition. Explore your limits with an exhilarating obstacle race, filled with challenges that take you across our beautiful island.

Venue: CORE
5:00 pm – 6:00 pm
Complimentary



JOALI BEING EASTER 2023

Monday, April 10, 2023

PARASAILING: SAVOURING THE SKIES

Parasail up into the air and glide over crystal-clear waves. Discover spectacular views of the Gate of Zero, the Ocean Sala and our Island of Wellbeing from a completely new perspective.

Venue: Marine Centre
12:00 pm – 1:00 pm
USD 195 per person

TRADITIONAL SUNSET FISHING

As the sun dips towards the horizon, the sky lights up in a medley of vivid colours – the perfect backdrop to go fishing, a beloved Maldivian pastime. Practice traditional fishing methods on this leisurely dhoni excursion.

Venue: Marine Centre
5:30 pm – 7:30 pm
USD 125 per person

CAVIAR & TEA SOIREE: DINNER EXPERIENCE

A story of uncommon companionship, where the delicate pearls of the ocean meet the czarina of fine beverages. Savour an exotic journey that pairs brine-cured fish roe with the finest tea leaves from around the world.

Venue: MOJO
6:30 pm – 10:00 pm
USD 350 per person



JOALI BEING EASTER 2023



Tuesday, April 11, 2023

INTRODUCTION TO IRIDOLOGY BY ALEXANDRA

An alternative medicine technique, Iridology analyses the eyes for valuable insights into physical and mental health. Taking you on a journey of self-discovery, our master practitioner demonstrates how your eyes reveal the state of your wellbeing.

Venue: LOTUS
12 noon – 1:00 pm
USD 90 per person



AKTAR WORKSHOP: KAOLIN & ALOE VERA FACE MASK BUNDLE

Learn to create all-natural skincare products, filled with the goodness of herbs, flowers and essential oils. Drawing on the traditional wisdom of apothecaries, our Herbologist will teach you how to make an organic face mask bundle using two of nature's highly prized ingredients.

Venue: AKTAR
2:00 pm – 3:00 pm
USD 90 per person

DOLPHIN CRUISE: MESSENGERS OF THE SEA

Let the magnificence of the ocean renew your sense of awe. Marvel at azure lagoons and magical sunsets as you cruise through the Raa Atoll. Watch in wonder as pods of majestic spinner and bottlenose dolphins jump, flip and glide in these temperate waters they call home.

Venue: Marine Centre
4:00 pm – 6:00 pm
USD 95 per person

SUNSET GATHERING

As the sun bids farewell, lighting up the sky in shades of gold, join our Sunset Gathering Ceremony. This unique JOALI BEING ritual offers an opportunity to pause and reflect in togetherness at the end of the day.

Venue: MOJO
5:30 pm – 6:30 pm
Complimentary

OCEAN SALA GRILL

Join us for a unique culinary pop-up under a blanket of infinite stars. Centred around the fireside and grill charcoal cooking, our modern interpretations include nourishing specialities and BBQ signatures – all with flavours emboldened through the dance of the flame.

Venue: Ocean Sala
6:30 pm – 10:00 pm
A la Carte



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Wednesday, April 12, 2023

SEABOB SNORKELLING

Experience a dolphin's perspective above and below the waves. Travel further and faster, as you manoeuvre effortlessly through the water. The SEABOB offers a chance to explore more of our reef and its amazing underwater life.

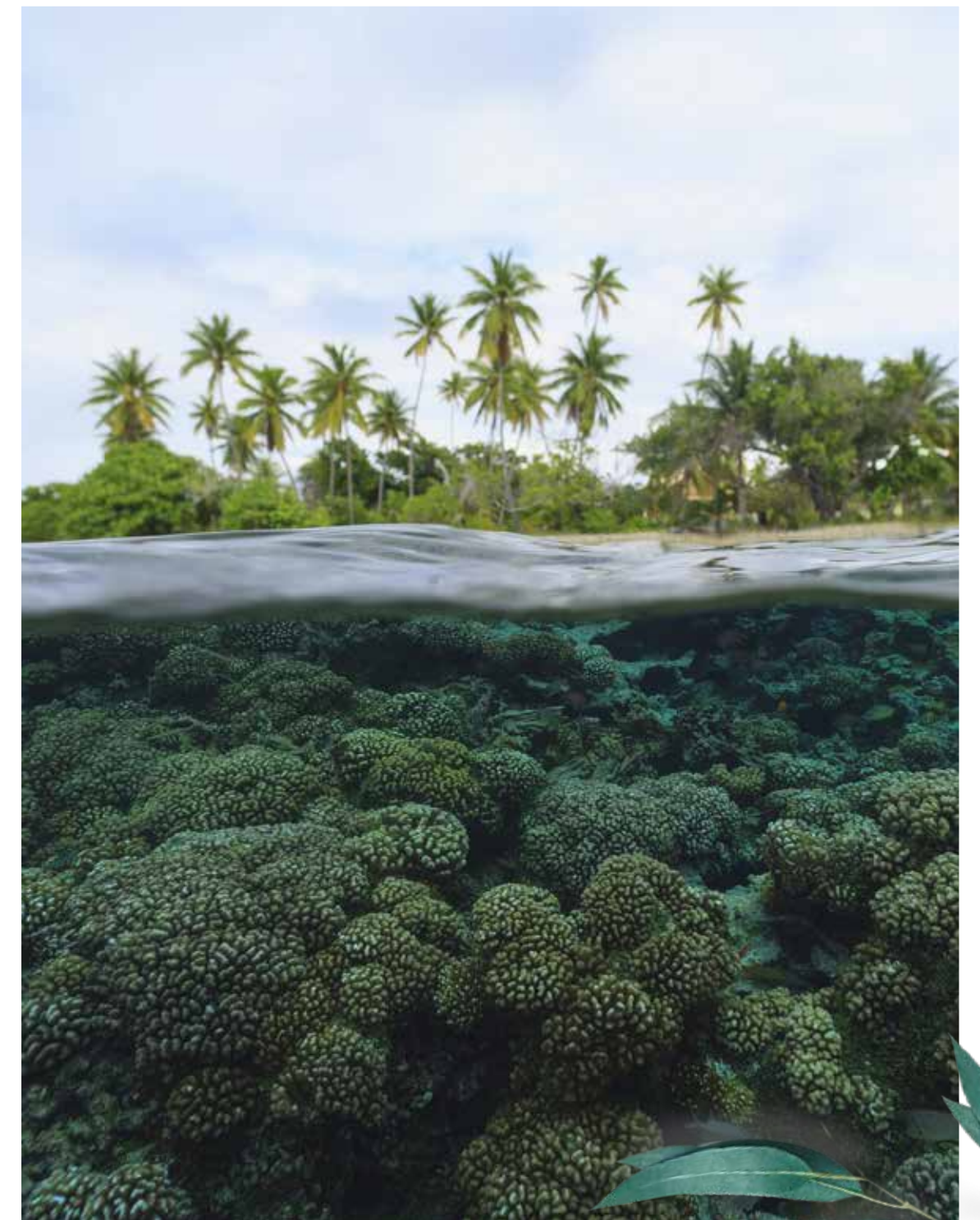
Venue: Marine Centre
10:30 am – 10:45 am
USD 95 per person



REBIRTH OF NATURE MARINE TALK: CORAL SPAWNING

The spawning cycle of coral reefs is one of nature's most spectacular phenomena. Our Marine Biologist explains how entire colonies of coral reefs simultaneously release their tiny eggs into the ocean, sometimes referred to as an "underwater blizzard".

Venue: Okyanus
5:30 pm – 7:30 pm
Complimentary



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