

WEIGHTLESS WATSU

with TORU OGASAWARA

1st February 2023 to 15th March 2023



*“Watsu is a form of flowing meditation in water,
beneficial on all levels of your being”*

Discover the gentle art of Watsu therapy with Toru Ogasawara,
a world-renowned aquatic bodywork and meditation healer.

A Master Watsu Practitioner, Toru is certified by the Worldwide
Aquatic Bodywork Association. He has trained under Harold Dull,
the creator of Watsu, and several other renowned instructors.

Toru's life journey has taken him around the world – from a hectic
corporate career in Tokyo, to working with wild dolphins in the
US, to helping children with social and learning challenges back in
Japan. In 2009, he founded the Okinawa Watsu Center, where he
currently serves as CEO.

JOALI BEING

Please contact your Jadugar to book a session with Toru.



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