

# SOLO REVITALIS



A sun-splashed coast where nature whispers her wisdom and art uplifts the spirit. Could there be a better setting to spend time with the Self? Find your wellness, your way. Centre with meditative breathing and yoga, revitalise with mindful massages, or soak into bliss with our Hammam-inspired ritual. A gourmet lunch composed of our favourite superfoods brims with nourishing pleasures.

### One-Day Package (\$435++)

- Day 1: 90-minute Mindful Massage, 30-minute Ocean Glow, Customised Yoga (Hatha/Vinyasa/Aerial), ESPA Spa Gift

### Three-Day Package (\$895++)

- Day 1: 90-minute Mindful Massage, Breathwork & Meditation
- Day 2: Personalised Fitness Training, 60-minute Hammam Indulge Ritual
- Day 3: 60-minute Inner Beauty Facial, Superfood Healthy Gourmet Lunch, ESPA Spa Gift

### Five-Day Package (\$1,300++)

- Day 1: 90-minute Mindful Massage, Customised Yoga (Hatha/Vinyasa/Aerial)
- Day 2: Personalised Fitness Training, 60-minute Hammam Indulge Ritual
- Day 3: 60-minute Inner Beauty Facial, Superfood Healthy Gourmet Lunch
- Day 4: 60-minute Personalised Massage, Table of Joy Lunch
- Day 5: 30-minute Sole Soother, Customised Yoga (Hatha/Vinyasa/Aerial), ESPA Spa Gift

*It was time to take sanctuary from the rest of the world – at least for a little while. And what better place than on this gem-like island, bright with sunshine, art and joy?*

## JOALI

— SPA —

by

## ESPA

