

*“Peace starts  
from within.”*



## INTERNATIONAL DAY OF PEACE

*September 21, 2023*

Immerse yourself in the profound stillness and serenity of island life. Evoke a sense of harmony and tranquillity within you, and radiate peace to the outside world.

*To commemorate International Day of Peace, we invite you to  
find your inner peace with us.*

# JOALI



## Peace Meditation

Let the transformative powers of meditation calm your senses. Join us to discover an oasis within yourself where the mind finds serenity and clarity.

*Time: 8:00 am – 8:45 am*

*Venue: Yoga Pavilion*

*Complimentary*

## Mindfulness and Sound Healing

Soothe your mind, body, and soul at JOALI Spa by ESPA. Book a mindful massage and receive 15 minutes of complimentary sound healing before treatment. Sound healing is an ideal way to harmonise the body's energy, and paired with a mindfulness treatment you can truly be at peace.

*Venue: JOALI Spa by ESPA*

*Price: USD 260*



*All prices are subject to a 10 percent Service Charge and 16 percent Government Tax.*

*For more information or reservations, please contact your Jadugar.*

# JOALI