



## NATURAL HEALING WITH DR. SANKET YADAHALLI

16<sup>th</sup> November 2023 to 12<sup>th</sup> January 2024

*“Relieving accumulated stress and pain can make you feel like a new person.”*

Experience the powerful benefits of natural medicine with Dr. Sanket Yadahalli, a naturopath who specialises in treating chronic pain, stress and exhaustion.

Employing an integrative approach, Dr. Sanket takes the best from acupuncture and manipulative practices to craft uniquely effective blends. Discover long-lasting results with his personalised therapies, meticulously designed to address concerns such as chronic muscle tightness, spine and joint pain, chronic stress, sleep disorders, and digestive and hormonal imbalances.

With over a decade of hands-on healing experience, Dr. Sanket has taken his passion for evidence-based natural medicine across six continents, working with premier luxury resorts, wellness retreats and sports clinics. His expertise is founded on seven years of intensive naturopathy study at acclaimed universities in Asia and Europe.

# JOALI



## ACUPUNCTURE

Acupuncture restores balance and vitality by regulating your Qi (vital energy). Dr. Sanket enhances modern dry-needling therapy with two additional forms of acupuncture — Chinese Five Elements and Indian Marma. This blended treatment offers enduring results.

## PAIN MANAGEMENT

Feel pain and tension melt away with a deeply healing recipe, carefully designed by Dr. Sanket. Using dry manipulation, this highly effective therapy is based on the principles of Physiotherapy, Tui-Na and Myofascial Release. Ideal for treating muscle pain, joint stiffness and chronic discomfort.

## CRANIO SACRAL & MARMA POINTS THERAPY

Let the healing hands of Dr. Sanket ease away anxiety, sleeplessness and jetlag. Employing gentle to medium pressure, this massage therapy is centred on vital points in the head and neck area. Emerge feeling calm, centred and ready for a good night's rest.

## FACIAL REFLEXOLOGY & AURICULOTHERAPY

Designed to naturally lift the face, this session offers visible results by activating the origin and insertion points of facial muscles. If you wish, this treatment can be enhanced with cosmetic acupuncture and buccal massage.

## DETOX VISCERAL MASSAGE

Support your body's natural detoxification process with this holistic therapy. Dr. Sanket uses specialised techniques to relax the fascia (connective tissue) over the lungs, liver and lymphatic system, which aids in eliminating toxins from the body.

## DR. SANKET'S ULTIMATE THERAPY

Drift into a state of profound relaxation and healing with a curated combination of the above treatments, tailored to your wellbeing concerns and goals. We recommend selecting a duration of 90 or 120 mins to give Dr. Sanket sufficient time to achieve the desired result.

## ALL TREATMENTS

60 mins: USD 270 / 75 mins: USD 335 / 90 mins: USD 380 / 120 mins: USD 450

*Please contact your Jadugar to book a session with Dr. Sanket.  
All prices subject to 10 percent Service Charge and 16 percent Government Tax.*



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